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KARLSHAMN ROTARY CLUB KARLSHAMN SAILING SOCIETY

District 2395, Sweden

Member of World Sailing, Sweden

INTERNATIONAL YOUTH SAILING CAMP

Karlshamn Rotary Club and Karlshamn Sailing Society invites you to:

LEARN AND PRACTICE SAILING IN THE SOUTH SWEDISH ARCHIPELAGO

Dates:

July 19 – July 28, 2026 (traveling not included. See appendix)

Sponsored by:

The camp is organised by Karlshamn Rotary Club and Karlshamn Sailing Society in cooperation with Rotary District 2395, Sweden, which holds overall responsibility for the Youth Exchange programme. The camp is supervised by experienced Rotary members and sailing instructors at all times.

Participants:

We cordially invite boys and girls preferably aged 16 – 18 (born between 2008 and 2011) from various European countries to join us, preferably 1–2 participants from each country. Please note, the maximum number of participants is 18.

Conditions for participation:

All participants must be proficient in swimming and cycling. Prior sailing experience, while beneficial, is not required. All sailing activities are conducted in protected waters with appropriate safety equipment.

Camp Purpose:

This camp is an excellent opportunity to learn and enhance sailing skills, explore the stunning nature and archipelago of southern Sweden, and gain insights into our local community, industry, and social life. It's a unique platform for young individuals from diverse cultures to meet, fostering global peace and understanding.

Program:

The camp includes training and sailing in small keelboats in protected waters. This includes a night of camping on a beautiful island in the archipelago, engaging in various water activities. Additional activities include other sports, social gatherings, community visits, and participation in Rotary meetings.

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**Language:**

English

Accommodation:

The participants will be accommodated with Swedish host families.

Costs:

A participation fee for the camp of €300 is charged and the journey to and from the camp as well as insurance to be paid by the participant. No other costs will be charged during the camp.

Insurances and vaccination:

Participants must have insurance covering illness, accidents, and third-party damages.

Clothing and equipment:

Casual leisure and travel clothing is recommended. No special equipment is required. Accepted applicants will receive a detailed list of clothing and relevant information in due time.

Social media:

The camp activities can be followed 'live' on the Internet. Daily updates will be available through a dedicated Facebook group, allowing family and friends to share in the experience.

Arrival:

Participants should plan to arrive on the afternoon of Saturday, 18th July, or early Sunday, 19th July 2026. Participants will be met and assisted by Rotary representatives upon arrival and escorted to their host families.

Travel options:

Please find detailed information in the appendix. Departures should be planned for Wednesday, July 29, 2026. July is peak travel season, so early planning is recommended.

Application Deadline:

April 30, 2026

Application Form:

Kindly submit your application form, preferably by PDF-file, the Rotary Youth Exchange / Short-Term Exchange Program (STEP) Application - Form with photo. The application form should be available at your national Rotary EEMA Camp Coordinator.

The Form shall be sent to Karlshamn Rotary Club and for information also sent to STEP Chairman, Rotary:

Karlshamn Rotary Club
c/o Lennart Johansson-Ax
Hollandareplan 9
SE 374 34 KARLSHAMN
SWEDEN

Phone: +46 736844 708

Mail: ljsonax@me.com



STEP Chairman, Rotary
Youth Exchange Sweden,

SWEDEN

Junko Högberg

Phone: +46 8644 74 10

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How to Travel to Karlshamn, Sweden

Karlshamn is in southern Sweden (Blekinge region) and is easily accessible from Europe by flight, train, and ferry.

July is peak travel season, so early planning is recommended. Final arrival instructions will be provided to accepted participants.

Recommended Routes (Summary)

- Most travellers: Flight to Copenhagen + train to Karlshamn
- Baltic / Eastern Europe: Direct ferry to Karlshamn
- Central Europe: Train via Hamburg/Berlin → Copenhagen → Karlshamn
- Poland: Ferry to Karlskrona or Karlshamn + short land transfer

Flight + Train (Most Common Option)

Fly to Copenhagen Airport (CPH)

Copenhagen Airport is the **preferred international hub**, with direct flights from most European cities.

- From CPH to Karlshamn Central Station
- Direct or one-change connection by Öresundståg
- Travel time: approx. 2.5–3 hours
- No seat reservations required
- Trains depart directly from the airport terminal

This is the **simplest and most reliable route** for international travellers.

Alternative Airports

- **Stockholm Arlanda (ARN)**: Continue by domestic flight or long-distance train southwards
- **Malmö (MMX)** or **Gothenburg (GOT)**: Good alternatives depending on flight availability
- **Ronneby (RNB)**: Closest regional airport (mainly domestic flights)

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Train from Continental Europe

For travellers who prefer rail a typical route would be:

- Europe → Hamburg / Berlin → Copenhagen
- Copenhagen → Karlshamn by Öresundståg

Ferry – Direct to Karlshamn

DFDS Ferry: Karlshamn 🇱🇹 Klaipėda (Lithuania)

- Direct international ferry route to Karlshamn
- Overnight crossing with cabins available
- Car, trailer and foot passengers welcome
- Convenient for travelers from the Baltic States, Poland and Eastern Europe

Ferry to Nearby Port + Short Transfer

Stena Line: Karlskrona 🇵🇱 Gdynia (Poland)

- Multiple daily sailings during summer
- From Karlskrona, continue to Karlshamn by:

Regional train or
Bus (approx. 1–1.5 hours)

This offers more flexibility if ferry availability to Karlshamn is limited.

Important July Travel Tips

- **High season:** Flights, trains and ferries fill up quickly — book early
 - **Summer timetables:** Train schedules may change due to track maintenance
 - **Ferries:** Cabin and car spaces are limited in July
 - **Group travel:** Using a few standard routes simplifies coordination
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